

Delegate Report: Soror Amanda C. Outlaw Registration confirmation code: 89099246

Report date: July 21, 2021

The Alpha Kappa Alpha Sorority, Inc.69th Boule was held virtually starting Monday, July 12, 2021, until Friday July 16 through the Hopkin platform. The Supreme Basileus - Dr. Glenda Glover and Directorate were located in Chicago, Illinois and broadcast from that location. The Welcome Video is located on YouTube but was the first thing each participant could view prior to accessing the Hopkin platform and entering the full Boule experience. Certification Classes were held for:

- 1. Basileus
- 2. Directorate
- 3. Financial Officers
- 4. Investigative Teams
- 5. Graduate Advisors- level 1
- 6. Graduate Advisors -level 2

Leadership Seminar Workshops Attended:

<u>106</u>- Exemplifying Excellence through Sustainable Service-Strategies for Implementing Award-Winning Chapter Awards

213- HBCUs: A call to Action! Marketing and Promoting HBCUs

<u>204</u>- Excellence in Caregiving: care for the Caregiver Bootcamp

 $\underline{305}$ -Repotting the Ivy: Strengthening the Vines between Graduate and Undergraduate Chapters

<u>Workshop 106</u> - South Eastern Chapter Epsilon Gamma Omega – Cheryl Davis moderator Hit the points that are outlined in each target area. Evaluations should be included from partner and community organizations and from Chapter members. Panelist were from Award winning Chapters reported on the five target areas.

Target 1: HBCU for Life – panelist Tynese Breaux South Central Region- Stressed Partnering with HBCU alumni and former chapter youth program participants. Alumni who work at PWI but attended an HBCU. Collaboration with family or friends that attend or attended an HBCU and

do a global chat or event called "A Yard Talk" a virtual event continuing the virtual platform. South Eastern - Pi Chapter, Taylor Woodard, Fisk University- UG events:

- 1) "Who runs the yard" event
- 2) "Pretty Girls Vote"
- 3) Use the graduate chapter to co-sponsor events
- 4) "Greeks across Nashville" event
- 5) "Poor Peoples Campaign"

Target 2 – Women's Health Care

Great Lakes – Soror Elise Malone- Nu Alpha Omega. Asked Soror's give ideas what they do to help themselves to stay healthy. A great way to get buy in from chapter members. Other ideas:

- 1) Soror's doing healthy cooking demonstrations
- 2) Develop a mantra "Reach One Teach One"- ask each Soror to invite someone to whatever event you are sponsoring.

Ashley Whitfield – International-Johannesburg, South Africa, chapter uses a multi-layered approach. 1) Children as Caregivers 2) Community gardens

Biggest highlight from Psi Tau Omega – "Self-Care" supports themselves and support each other.

Target #CAP – Carla Patrick- Mu Omega Omega, Mid- Western Regio in Aurora, Colorado. Building connections by doing surveys after the first year. Service projects consistent with ACT prep with academic and social aspects. Getting scholarships from different organizations. Use the toolkit and keep meetings to one hour. Highlight – find what's important to the students first, so they are engaged.

Target 3: – building your Economic Legacy – Mid Atlantic Region – Soror Tamara Johnson and South-Central Region- Epsilon Lambda-University of Houston – Soror Taylor Anthony. Event at a black own restaurant. Survey afterwards to see what could be improved on during a program.

Target 4: The Arts: Soror Recin Howard – North Atlantic Region

- 1) Read Across America event with Howard University Alumni
- 2) Paint & Sip event
- 3) Open Mike night with music and spoken word

Selena Young – Far Western Region- Delta Zeta Omega Chapter. Tap into people from the area that were involved in the Harlem Renaissance.

Target 5: Global Impact with South Atlantic Region-Sigma Omega Omega Chapter, Nia brown – Douglasville, GA. Beginning with the end in mind. Accountability coach the Basileus. Hosting a planning session with committee chairs and documenting the planning work until the event is completed.

Lonita – Gamma Omega Chapter – International Tea with Bermuda, Germany and South Africa. A sip and sew event for the little dresses

<u>Workshop 204</u>- Excellence in Caregiving: Care for the Caregiver Bootcamp Paula Duren – Black Health Matters.com – Facilitator Caregivers are the second silent patient.

- 1. 50% report health issues
- 2. Stress and burden
- Feel isolated
- 4. Under-estimate the impact of caregiving
- 5. 30% die before their loved one

Caregiving and Dementia

Facts:

- 1. Progressive brain disease
- 2. 2—3 times higher in communities of color
- 3. More than occasional forgetting
- 4. Repetitive questioning
- 5. Difficulty carrying out familiar tasks
- 6. Loss of recent experiences
- 7. Inability to recognize self and others
- 8. Fear, suspiciousness and hallucinations
- 9. Logical and rational approaches may no longer work
- 10. Some reversible symptoms that look like dementia, i.e. dehydration

COVID -19 and caregiving strategies

Make sure you have a care plan and support in place



Regina Bell and actress and singer who considers AARP an

invaluable resource for caregivers. Ms. Belle is a caregiver for her parents and presented some of the things that she was not ready for and how it brought reality to life for herself and her family. An important tip is making sure you have your affairs in order so that you can effectively navigate resources for yourself and your family which includes creating a will.

Caregiving Strategies

Cling to your faith. Make sure you have a care plan in place and have documentation that you are the responsible person for them because you can't get updated information on them if you aren't legally their caregiver.

Kimberly L. Campbell, Esq. from Mississippi. Mother has cancer and dementia. A shift in roles to take care of them. Mother's death put Ms. Campbell on auto pilot in caring for a dead parent. Resolved she needed help- a therapist: She was not sleeping, reliving past experiences. Make sure you lean on others! Don't shut out other help. Get you affairs in order! Remember you can afford an attorney to get your affairs in order. Make the moves while the care person is still able to help. Enjoying the time, you have with your loved one. The qualities of a care

giver:1)patience is key 2) keep an open mind to prepare yourself for the caregiver journey. You have to stay opened, don't be a Cruella Deville(Movie reference). You can't do this solo. 1) Put a list of people who can help run errands and doctor appointments, people with connections and understanding. 2) Bring in friends that have a connection to the patient. Make light of the situation especially towards the end of life. Find a way to make peace through the journey. Be honest with yourself who wants to do what you can't do? Hospice care in the person's home. Communication is optimal to get the support you need. Honoring the patient wherever they are. Anticipate ways to help.

305 -Repotting the Ivy: Strengthening the Vines between Graduate and Undergraduate Chapters. When I saw this workshop, I thought it was about gardening tips and it was in a sense but helping undergrads navigate to a graduate chapter membership. The biggest barrier is multigenerational communication. Without good communication no one wants to join an older group of Soror's who only think one way, their way! We all could learn from some of the insights I gained by just listening. P- pause before responding, L- listen openly, E- each opinion is respected, A- ask for clarification, S- see another point of view and lastly- E- etiquette is respected. We as a graduate chapter must remember effective relationship management and Protocol is upmost!

Plenary Session 1 – Included greetings from the Regional Directors, Sorority Hymn from the virtual choir and greetings from the last of the Supreme Basileus of Alpha Kappa Alpha Sorority, Inc. 18th Supreme Basileus- Soror Mattelia Bennet Grays, 25th Supreme Basileus- Soror Norma Solomon White, 28th Supreme Basileus – Soror Carolyn House Stewart, and 29th Supreme Basileus – Soror Dorothy Buchanan Wilson. Charter and Registration report from Executive Director – Soror Cynthia D. Howell who gave the Registration Report.



Plenary Session 2: July 14, 2021

28, 909 registered for the 60th Boule. Each delegate had 45 seconds to vote in the polls. Martha Perine, National Parliamentarian gave the rules for the Boule. Supreme Basielus, Soror Glenda Glover gave the State of the Sorority Report. The introduction

of the on-line directory where Soror's can update their profile. With 103,000 members, 3,000

reactivated Soror's, \$70 million dollars in assets, \$45 million dollars in corporate funds, \$25 million dollars in the Foundation.

Soror Glover ended with:

"Waiting on our sunrise, Let your light shine before men, Let your sunshine on your communities, on your standards, on connection because God has given us power through Alpha Kappa Alpha Sorority, Inc."

Soror Ora Douglas, International Program Committee gave the following report:

4 resource guides completed, International Program Calendar, 3 million volunteer hours, 20% more reports have been submitted, AKA Impact Days 1 million hours, HBCU Target 1: 231,000 Soror's participated. 1,851 care giver day events were held.

Plenary Session 3: July 15, 2021

Honorary Members presented: Ursula Barnes, Debra Martin Chase, Robin Roberts, Ruth E. Carter, Cynthia Erivo, Alice Walker, Tracey Ellis Ross, and Lisa Leslie.

Memorial service for each Region was completed by the Regional Directors.

During the Legacy Celebration Soror Phylicia Rashad, Dean of the School of Fine Arts gave her description of sisterhood during her attendance at Howard University and her Aunt who was a Soror who inspired her throughout her childhood by the way she carried herself as a woman of quality and distinction.

Plenary Session 4: July 15, 2021

Risk management presentation on hazing, our reputation, operations, and finance. All amendments passed. Constitution Amendment #1A did not pass the term of Office for the Regional Director.

Annual audit report completed fall 2020. Clear opinion by CPA firm. Budget adopted: 3,489-yes and 17 no-passed. Investment report by Soror Carla H. Hall, grew to \$11,001,777. Standard Committee by Soror Brenda Lewis the virtual guide.

Plenary Session 5: July 16, 2021

Soror Jazmyne McCoy presiding. Boule Resolutions:

#1 Police Reform

#2 Racism & Violence as a Public Health Crisis

#3 LGBTQIA- reaffirms the declaration of human rights

#4 Voter Suppression- For the People Act. Advocate for free and fair elections. "Stroll to the Polls".

#5 Vice President Soror Kamala D. Harris – the American rescue Plan

#6 Philadelphia and New Orleans host chapters

#7 Supreme Basileus Soror Glenda Baskin Glover \$1 million dollars in a day and "Twenty Pearls" movie

70th Boule slated for Orlando, Florida. October 3-6 Mississippi Health project. January 14-15 Founder's Day in Washington, D.C.

1,095 undergraduates at the 69th Boule. Tamika Mallory presenter for the Undergraduate luncheon. Emphasized the George Floyd policing Act and the We the People Act. Ms. Mallory book "Unfiltered Justice".

Dialogue with the Supreme for Graduate Soror's. 50 Soror capacity for IBW excluding family members. Undergrads can have MIP every 2,3 and 4 years. Alpha Kappa Alpha is a \$70 million organization. Our purpose is to let the world know who AKA is. Expulsions and suspensions are only in person.

Most memorable moments for the Supreme Basileus were pinning her daughter and being the President of her alma mater Tennessee State University. Support of Pride month for LGBTIQ and support of the Resolution at 69th Boule that supports nondiscrimination for LGBTIQ. General members, honorary and regular members can serve in all areas of service for Alpha Kappa Alpha Sorority, Inc. Heritage Club looking to upgrade membership price. Non-vaccinated Sorors must be vaccinated each region is looking at ways to increase the rates for their area. If undergrads want to be active with graduate chapters per Madame Supreme keep doing your job, stand out in a positive way and volunteer and be nice. Make it known that you want to serve because service is our mantra. Be genuine and honest. Legacy is limited to a certain number (a cap is set by the campus) on each campus and dictated by that campus.

My delegate Boule personal impressions: The platform used *Hopkin* was very user friendly which was an improvement over the one used for the South Eastern Regional Conference. Hopkin platform allowed for Soror networking where you could meet Soror's from different Regions and chat and exchange information. The photo booth was an awesome experience with various background formats and easily downloaded to your computer to share on social media platforms. Easy navigation to workshops, Plenaries and special events and vendor booths. Continuous music events and HBCU campuses tours in the New Orleans and the Louisiana area was very impressive. Voting was done by polls and delegates had only 45 seconds to vote. Chat was made available so Soror's could comment about any aspect of the 69th Boule. I appreciated the opportunity to serve as a delegate for Delta Theta Omega Chapter.